

- 1. My natural bent is to see "the gap" ... what I don't have
 - Leads to grumbling ... worry/ anxiety... fear ... self-pity ...

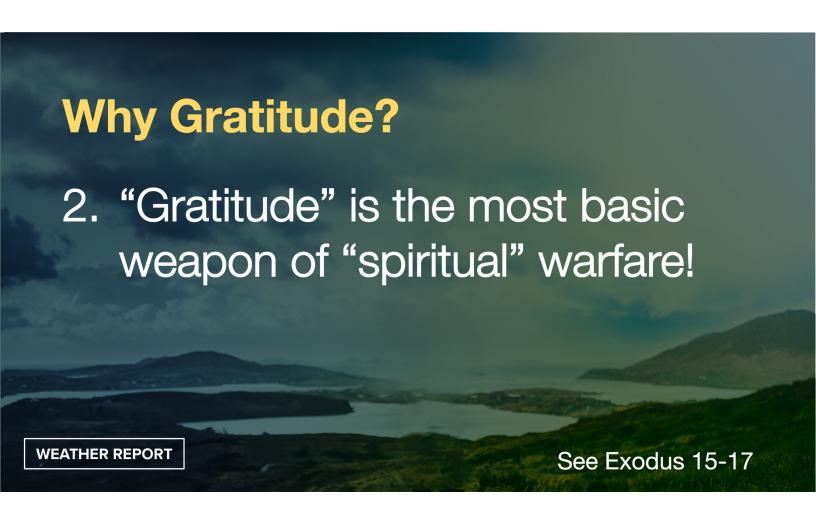
WEATHER REPORT

See Exodus 15-17

- 1. My natural bent is to see "the gap" ... what I don't have
 - Focus: the "goodies" of God, not the goodness of God

WEATHER REPORT

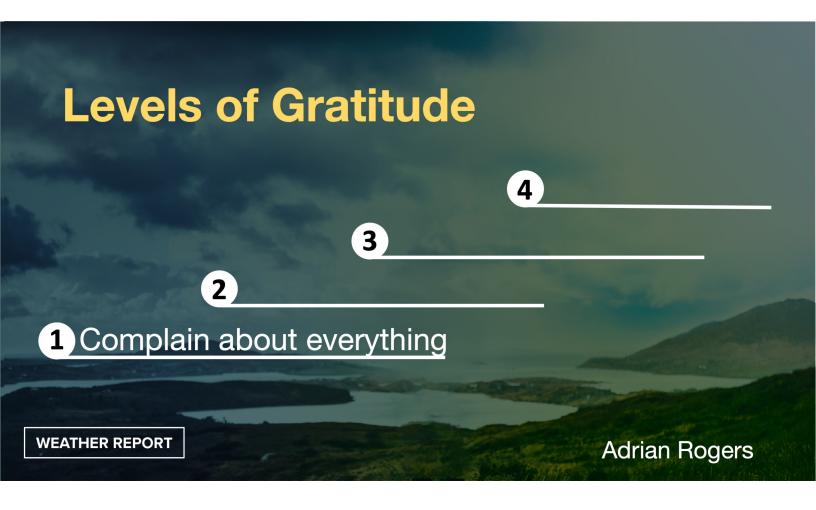
See Exodus 15-17



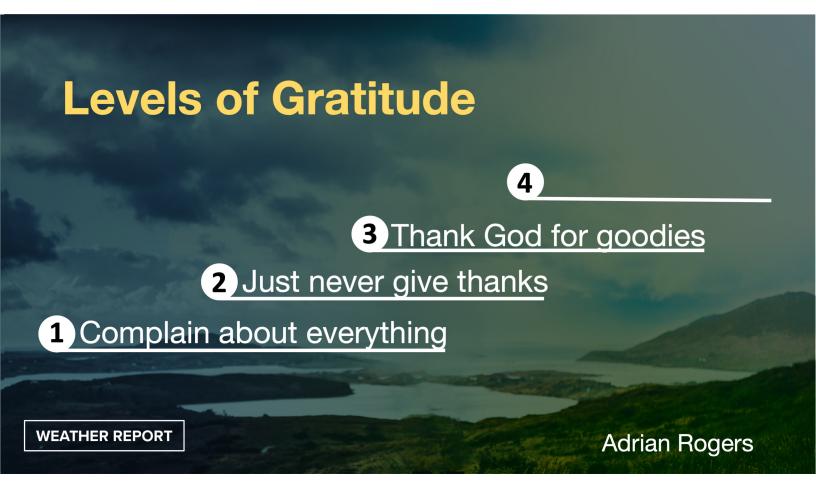
- 2. "Gratitude" is the most basic weapon of "spiritual" warfare!
 - Be filled with the Spirit ... always giving thanks to God the Father for everything ...

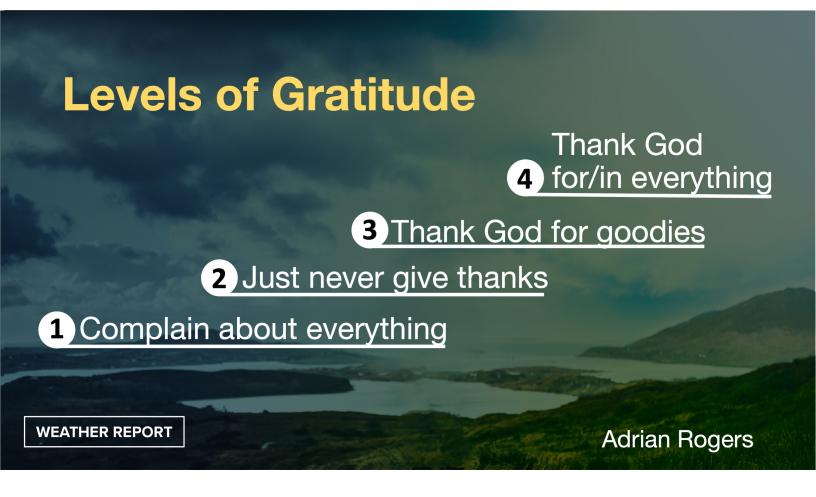
WEATHER REPORT

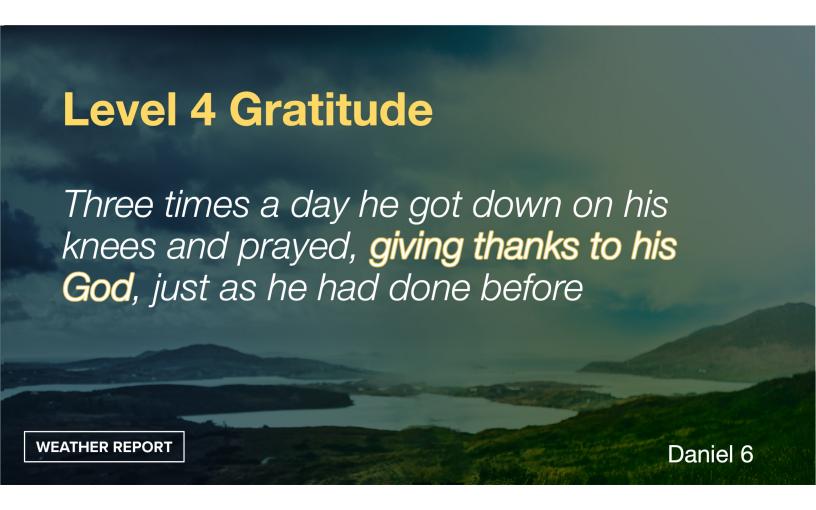
Ephesians 5:18-20

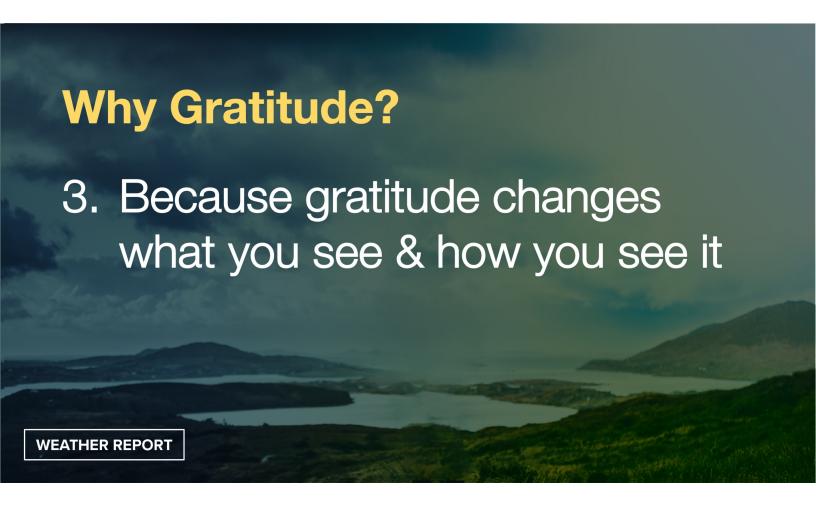


Levels of Gratitude 4 3 2 Just never give thanks 1 Complain about everything MEATHER REPORT Adrian Rogers









- 3. Because gratitude changes what you see & how you see it
 - It's not happiness that makes us grateful; it's gratitude that makes us happy

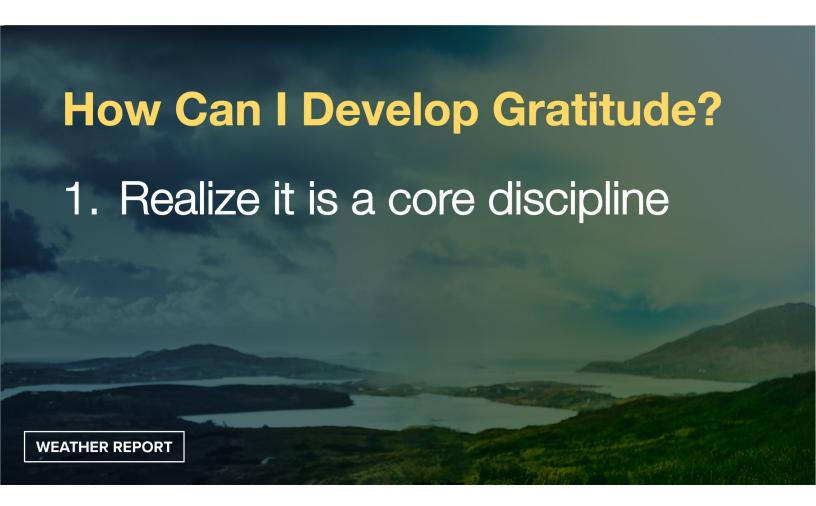
WEATHER REPORT

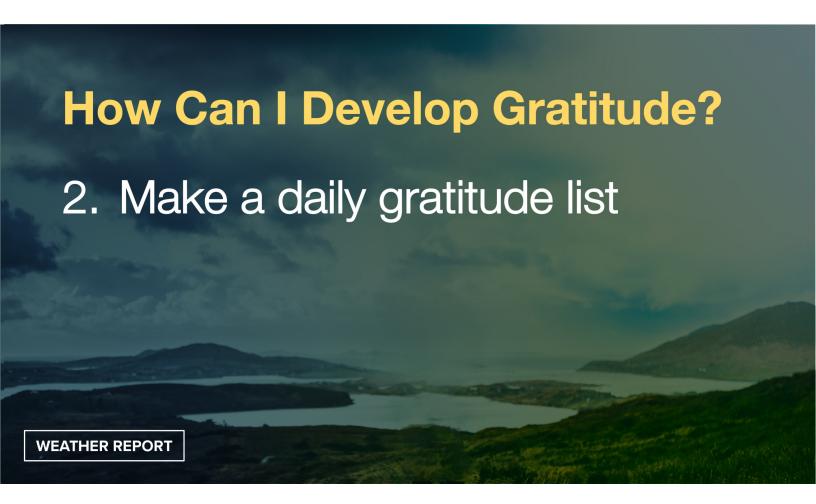
Brene Brown

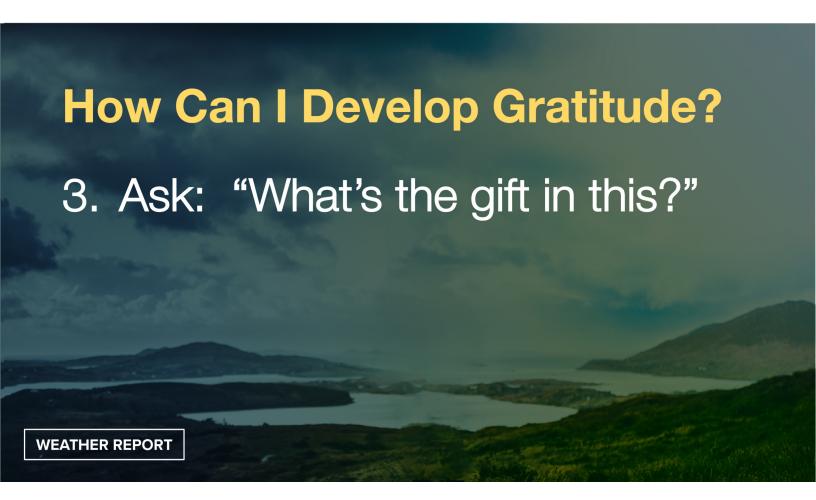


- 3. Because gratitude changes what you see & how you see it
 - Ephesians 5 root: gratitude
 Galatians 5 fruit: love, joy, peace ...

WEATHER REPORT









- 4. Sing & listen to the right songs
 - Be filled with the Spirit ... Sing and make music in your hearts to the Lord

WEATHER REPORT

Ephesians 5

