



Ellerslie Road Baptist Church

*A place of connecting,
learning & growth*

Ladies' Morning and Evening Out

General Registration (Fireside Room)

Thursday attenders:
January 16 @ 9:30 - 10:30 am

Thursday evening attenders:
January 16 @ 7:00 - 8:00 pm



Program Coordinators

Ladies' Morning Out

Kim Slack
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Kids' Morning Out

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ellerslie

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Our Purpose at Ellerslie

Ladies' Morning Out

Ladies' Morning Out is an 11-week, book-study-based program where women meet to discuss and learn together in small groups. It runs twice a year. Topics range from marriage, parenting, personal and spiritual growth. Our purpose is to provide an environment where women of all ages and stages are encouraged to begin and mature in their faith journey. It is a place of connection with others and a safe place to discover more about Jesus. Childcare is offered.

Ladies' Evening Out

We are now offering evening Bible studies! During these classes, there will be no childcare available.



Kids' Morning Out

Children are able to learn and grow in their social, emotional, physical, and spiritual development in a safe, caring, and fun atmosphere. We strive to provide excellent care and activities for your children while you enjoy a morning out! (*Available Thursday mornings only*)



General Registration (Fireside Room)

Thursday attenders:

January 16 @ 9:30 - 10:30 am

Thursday evening attenders:

January 16 @ 7:00 - 8:00 pm

**Sorry we cannot accept Thursday evening registrations in the morning*

Thursday Day Class Dates:

*January 23 to
April 16, 2020*

*NOTE:
No Ladies'
Morning Out on
February 27 &
March 26*

Times:

9:00 - 11:00 am

Thursday Evening Class Dates:

*January 23 to
April 2, 2020*

Times:

6:45 - 8:30 pm

Thursday morning Book Study Options

**See bottom of page 7 for rating system explanation*

Discerning the Voice of God by Priscilla Shirer

This resource will help you discover the root to clear and daily communication with God - humble obedience. Learn how surrender unlocks His many blessings intended for us, centers us in His will, and helps us discern His voice in everyday life.

(Rating: 3)

Mom Up: Thriving with Grace in the Chaos of Motherhood by Kara-Kae James and Jamie Ivey

In Mom Up, James shares four themes that impact how she follows Jesus and parents her kids: intentional motherhood, genuine community, refreshing rest, and embracing chaos. With practical ideas for building relationships with other moms, grace-filled Scripture reminders, and a healthy dose of humor, Mom Up helps readers step out of survival mode and into the abundant life God has for them and their family.

(Rating: 1-2)

Anxious for Nothing: Finding Calm in a Chaotic World by Max Lucado

Stop letting anxiety rule the day. Join Max on the journey to true freedom and experience more joy, clarity, physical renewal, and contentment by the power of the Holy Spirit. Anxiety comes with life. But it doesn't have to dominate your life. In the characteristic tone of his previous book...Max guides readers through this Scripture passage [Philippians 4:4-8] and explains the key concepts of celebration, asking for help, and leaving our concerns
(Rating: 1-2)

What It's Like to Be Married to Me by Linda Dillow

What's It Like to Be Married to Me?, written by marriage coach Linda Dillow, is a guide to changing yourself as you fall in love with your husband - again. Sharing lessons from her own 47-year marriage as well as a survey of 500 women, she reveals how our choices can pave the way to relationships filled with passion, intimacy, and joy. With a reflective study guide included, this book is about how to live out your marriage day by day and year by year.
(Rating: 1)

A Journey to Intimacy by Dr. Wei-Jen Huang

亲密之旅-爱家婚恋情商自我成长培训课程

“亲密之旅-爱家婚恋情商自我成长培训课程”是黄维仁博士根据圣经真理，并综合了过去三十年最尖端的临床实证研究，及国际最优秀的婚姻治疗与培训课程的精华编制而成。内容包括：婚姻成败的关键，爱情深度心理学，原生家庭的了解，有效沟通，处理冲突，发展健全的真我等。神是爱的源头，首先我们要与神连结，才能接上爱的能源。同时，我们也有责任，谦卑学习爱的功课。

The 6 A's of Positive Parenting by Josh McDowell and Dick Day

作者簡介

約瑟·麥道衛(Josh McDowell)美國著名的婚姻與子女教育專家，著有《相愛的祕密》、《鐵証待判》、《為什麼真愛需要等待》、《Click 進少年心》及《模範爸爸 So Easy》等書。他同時又是一位世界級的演說家，在全球一百二十多個國家作巡迴演講。

迪克·戴依(Dick Day)是婚姻家庭及兒童教育註冊輔導師，也是美國加利福尼亞洲「朱利安中心」的合作始創人和董事長。他在世界各地演講，是麥道衛博士的合作著書人，和麥道衛博士一起在多部電影、錄影帶及電視系列中出任講師。

內容簡介

本書是值得每一位父母好好閱讀的智慧書，兩位作者與你分享他們在養育十個孩子時所採用的「6A 教育原則」——接納(Acceptance)、讚賞(Appreciation)、關愛(Affection)、時間(Availability)、責任(Accountability)、權威(Authority)，可使你成為孩子心目中的真英雄(How To Be A Hero To Your Kids)，而且你也會慢慢發現為人父母的樂趣和成就感。此外，本書讓你學習如何在同情心、品格建造和持久性上成為孩子的好榜樣，幫助你和孩子建立親密的關係，使孩子在這個危機四伏、充滿誘惑的世界裡，仍能活得充實而豐盛。

Thursday evening option

Gideon by Priscilla Shirer

This study will explore the story of Gideon and encourage you to recognize your weakness as the key that the Lord gives you to unlock the full experience of His strength in your life. Instead of ignoring, neglecting, or trying to escape your weaknesses, learn to see them as the gifts given specifically and strategically by God. If you've ever felt insufficient, ill-equipped, incompetent, or outnumbered, this study is for you.

(Rating: 3)

Ratings:

A guide to assist in your class selection, of course you are free to register in which ever class you choose

1. *Topical study alongside light biblical content/faith exploration*
2. *Topical study with greater Biblical content*
3. *In-depth Bible Study may require some homework*



Program Schedule

8:55 – 9:10 am
*Drop off Children/
Coffee and Snack
in the Fireside
Room*

9:10 – 9:30 am
*Announcements
and Opening
Session in the
Fireside Room*

9:30 – 11:00 am
Group Studies

11:00 am
Pick up Children

More Information

Giving Project

Each term Ladies' Morning Out adopts a 'Giving Project' to help support those in our community. Participants are under no obligation to contribute since giving is completely voluntary. Projects in the past include donations of items toward a local Food Pantry, Hope Mission and the Pregnancy Care Centre.

End of Term Brunch

To celebrate the close of each term we enjoy a potluck-style brunch together. It is a fun, social time as well as an opportunity to hear from representatives in each group as to how they have gained through their class. (Only those who feel comfortable will share and with advance warning).

Ladies' Morning Out Ladies' Evening Out INFORMATION

*Please fill out the registration form and bring it with you
on registration day*

NAME _____

ADDRESS _____

POSTAL CODE _____

PHONE _____

EMAIL _____

**CHURCH
REGULARLY
ATTENDED
(IF APPLICABLE)** _____

DATE OF BIRTH _____

DAY **Thursday Morning** **Thursday Evening**

CLASS CHOICE 1 _____

CLASS CHOICE 2 _____

CHILDREN TO BE REGISTERED IN KIDS MORNING OUT:

(NOTE: There will be no childcare provided for the Thursday Evening Classes)

NAME

AGE

(Please complete a KMO child information form for each child listed)



Sponsorship Program

Please contact the overall coordinator or your day leader if

- you are interested in sponsoring another woman's registration (Tax receipt provided) OR
 - you are in need of full or partial sponsorship for your own registration.
- Full confidentiality is assured.

Registration Fee : \$ _____
(LMO \$60 / LEO \$25)

Child Care Fees:

First Child \$10.00 _____

Additional Children ____ x \$5.00 _____

SUBTOTAL FEES: \$ _____

Donations:

Thank you for your donation towards
additional costs of the LMO and KMO
programs \$ _____

TOTAL: \$ _____

*Please make cheques payable to "Ellerslie Road Baptist Church"
(Tax receipts given for donations over \$20/fiscal year)*

ADMINISTRATIVE USE ONLY

PAID BY CHEQUE CASH DEBIT CREDIT

DATE _____

RECEIVED BY _____



Kids' Morning Out

CHILD INFORMATION

CHILD INFORMATION

Child's Name: _____

Birth Date: _____ Child's Age: _____

Allergies: No Yes Specify & Give Typical Reaction: _____

Physical disability or handicap? No Yes

Special Care Required: _____

Toilet Trained? No Yes Child's word for toilet: _____

Special Instructions: _____

MOTHER/CAREGIVER INFORMATION

Mom/Caregiver: _____

Home Phone #: _____ Cell Phone #: _____

Class Name: _____ Room #: _____

NURSERY ONLY

Feeding: Time _____ Bottle/Cup? _____ Soother? No Yes

Nap: Does your child nap in the morning? No Yes Time _____

Blanket? No Yes

If yes, what is the routine (e.g. with blanket, bottle, etc.)



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