



*Menglie's*  
**LADIES'  
 MORNING  
 OUT**

Ladies' Morning Out is an 11-week, book-study-based program where women meet to discuss and learn together in small groups. It runs twice a year. Topics range from marriage, parenting, personal and spiritual growth. Our purpose is to provide an environment where women of all ages and stages are encouraged to begin and mature in their faith journey. It is a place of connection with others and a safe place to discover more about Jesus. Childcare is offered, on a limited basis.

**2021  
 WINTER TERM**

January 21 to April 15  
 Thursdays | 9:00am - 11:00am  
 \$25 registration fee  
*No classes on February 25th & April 1st*

**BOOK OPTIONS**

*onsite*

**Only Love Today by Rachel Macy Stafford**

Known to millions as the Hands Free Mama, [Rachel Macy Stafford] equips readers to breathe life into what really matters: the ordinary moments in our routine lives and the people in them.

Her inspiring words fill this beautiful book of short pieces constructed around the seasons of life. From finding daily surrender in the autumn and daily hope in the winter, to daily bloom and daily spark in the spring and summer, you will always find fresh beautiful words for your day.

Regardless of what you're experiencing or what season you're in, you'll find wisdom, encouragement, strength, vision, and clarity to live for what really matters.

*(Description from chapters.indigo.ca)*

**The Wholehearted Wife by Erin and Greg Smalley**

Although it takes two to have a great marriage, an important truth for any marriage partner to realize is that he or she can really change no one other than him or herself. Nevertheless, changes in just one person can have an amazing impact on a marriage relationship!

Instead of focusing on "How do I have a better marriage?" this book embraces that truth, and helps women ponder the question, "How can I be the best wife I can be?" It provides every woman with skills, information, and encouragement to make a positive difference to this and future generations, by wholeheartedly investing in her marriage and her relationship with her husband today.

*(Description from amazon.ca)*

**BOOK OPTIONS**

*online*

**The Death and Resurrection of the Messiah, by Ray Vander Laan**

Vander Laan illustrates how Jesus' call to follow him turned the world upside down, and learn how confronting evil can be loudly proclaiming the name of Jesus or quietly caring for someone in need.

Thursdays morning class will include a video and discussion of what you have read and learned from the book during the week. Filmed on location in Israel, the video series brings God's Word to life with astounding relevance. By weaving together the Bible's fascinating historical, cultural, religious, and geographical contexts, teacher and historian Ray Vander Laan reveals unique insights into the Scriptures' significance for modern believers.

These illuminating "faith lessons" afford a new understanding of the Bible that will ground your convictions and transform your life.

Note: there's weekly homework that will take approximately 1 hour each week to complete.

*(Description from amazon.ca)*

**Authentic Living part of Freedom Sessions**

The Freedom Session Program equips you with practical tools to live life authentically. It starts with learning to recognize and respond to the voice of the Holy Spirit through Bible marking/journaling. With His guidance, you will learn to process current disappointments, tension and conflict in a healthy way. You will address character defects that hinder your growth and negatively affect your relationships. Finally, you will discover a God-inspired vision for your life by establishing personal values, priorities and by developing an authentic life plan.

Note: there is weekly homework that will take approximately 1.5 hours each week to complete.

*(Description from freedomsession.com)*



## ONLINE REGISTRATION

This year, we will be completing our registration online, starting January 11th, 2021. Please email [lmo@erbc.ca](mailto:lmo@erbc.ca), and include your full name along with your first and second book choices. If you require childcare, please indicate names and ages in your email.

Once you have received confirmation, please bring your completed registration form to our church office (9:15am-4:45pm weekdays) to complete your payment and pick up your book!

Please note that KMO will be available on a limited basis for ages 2 to 5.

If you have any questions, please call our church office (780-437-5433) or email [lmo@erbc.ca](mailto:lmo@erbc.ca).

## LMO REGISTRATION FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

POSTAL CODE \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

CHURCH  
REGULARLY  
ATTENDED  
(IF APPLICABLE) \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

TYPE  Onsite  Online

CLASS CHOICE 1 \_\_\_\_\_

CLASS CHOICE 2 \_\_\_\_\_

### CHILDREN TO BE REGISTERED IN KIDS MORNING OUT:

(NOTE: There will be limited availability)

NAME	AGE
_____	_____
_____	_____
_____	_____

Registration \$25

Donations \_\_\_\_\_

*Donations to the LMO program are gratefully received, in order to help cover the cost of sponsorship and Kids Morning Out childcare. Tax receipts are issued for donations over \$20, and are distributed at year end*

**TOTAL** \_\_\_\_\_

*Office use*

DATE \_\_\_\_\_

RECEIVED BY \_\_\_\_\_

CHEQUE  CASH  DR/CR

# \_\_\_\_\_

Please also fill out a KMO registration form for each child on next page



# KMO REGISTRATION FORM

## KIDS MORNING OUT

Children are able to learn and grow in their social, emotional, physical, and spiritual development in a safe, caring, and fun atmosphere. We strive to provide excellent care and activities for your children while you enjoy a morning out!

Note that there will be limited spots available to ensure we are following safe procedures outlined by Alberta Health Services.

### *Child Information*

**Child's Name:** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_ **Child's Age:** \_\_\_\_\_

**Allergies:**  No  Yes Specify & Give Typical Reaction: \_\_\_\_\_

**Physical disability or handicap?**  No  Yes

**Special Care Required:** \_\_\_\_\_

**Toilet Trained?**  No  Yes **Child's word for toilet:** \_\_\_\_\_

**Special Instructions:** \_\_\_\_\_

### *Mother/Caregiver Information*

**Mom/Caregiver:** \_\_\_\_\_

**Home Phone #:** \_\_\_\_\_ **Cell Phone #:** \_\_\_\_\_

**Class Name:** \_\_\_\_\_ **Room #:** \_\_\_\_\_