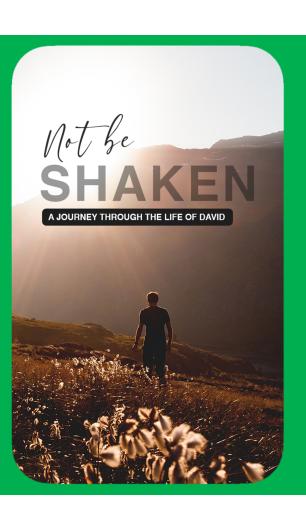


Until I recognize my
Vulnerability

I will not live in
Victory

Mthe
SHAKEN



"These things happened to them ... and were recorded as warnings for us ..."

[1 Corinthians 10:11-13]



"So, if you think you are standing firm, be careful that you don't fall"
[1 Corinthians 10:11-13]



1 Samuel 21



"David went to Nob, to Ahimelek the priest."

[1 Samuel 21:1] SHAKEN

Processing Life

- React
- Reflect
- Release
- Rebuild



"David went to Nob, to Ahimelek the priest."

[1 Samuel 21:1] SHAKEN

"David went to Nob, to Ahimelek the priest. Ahimelek trembled when he met him"

It samuel 21:1] SHAKEN

"David went to Nob, to Ahimelek the priest. Ahimelek trembled when he met him, and asked, 'Why are you alone?' Why is no one with you?'" [1 Samuel 21:1]

Not be SHAKEN

"I'm not running from the king; I'm on a secret mission for the king"

[1 Samuel 21:2] SHAKEN

"I need some bread ..."

[1 Samuel 21:3] SHAKEN

"Now one of Saul's servants was there ... Doeg the Edomite."

1 Samuel 21:7] SHAKEN

"I need a spear or a sword"

[1 Samuel 21:8]



Pump-Me-up Experience

Not be SHAKEN

Build-Me-Up People

Not be SHAKEN

Prop-Me-Up Solution



Take-Me-Deep Teaching



"That day David fled from Saul and went to Achish, king of Gath"

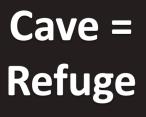
(1 Samuel 21:10) SHAKEN

"David left Gath and escaped to the cave of Adullam." [1 Samuel 22:1]

Processing Life

- React
- Reflect
- Release
- Rebuild





[37x in Psalms]











"... until I learn what God will do for me"

[1 Samuel 22:3] SHAKEN

"It's amazing
what you find —
in a cave, or in
church —
when all you
really want is me"

- God



Never forget in the light what God taught you in the darkness

Not be SHAKEN "Come to me ... and I will give you rest."

- Jesus

