

Join us for two back to back video studies over the course of 11 weeks.

Study 1: Have a new Kid by Friday Week 1-6

Have a New Kid by Friday is your five-day action plan that really works! With his signature wit and common-sense psychology, internationally recognized family expert Dr. Kevin Leman reveals why your kids do what they do and what you can do about it- starting right now. Want a great kid? Want to be a great parent? now. Want a great kid? Want to be a great parent? This video-based study with is perfect for small groups, moms' groups, or parents. (Rightnowmedia.org)

Study 2: The Power of Love by Gary Thomas Week 7-11

Everybody Needs the Essentials: That's what you get in this powerful entertaining series from Focus on the Family. Essentials of Parenting brings top childrearing experts into your home or church with practical wisdom, honest confessions, and decades of experience.

Essentials of Parenting: The Power of Love shows you to enrich and enjoy the bond between your child and yourself. You'll also discover that when it comes to passing along your faith and values, a good relationship with your son or daughter is the sharpest tool in every parent's toolbox. (rightnowmedia.org)



婚姻灵修学(Sacred Marriage)---在婚姻里得胜

当我们把婚姻当成两个人的事情,很多时候,我们 会感受到很多的挫败,甚至会想要放弃。婚姻灵修 学让我们在属灵的层面看待婚姻。你的妻子有没有 一种好像嫁给了耶稣的感觉?因为婚姻不仅是两个 人的约定,更是两人在上帝面前许下的神圣誓言。 婚姻不是追求个人的幸福,而是破碎自我、陶造生 命的属灵操练。透过爱、委身、祷告、悔改、饶 恕、服侍......不断在婚姻里操练敬虔,能帮助我们 更加认识设立婚姻的上帝,更信靠祂、更深爱祂, 并靠着祂在婚姻里经历得胜有余!

父母灵修学(Sacred Parenting)---在家庭里得胜

教育孩子的过程中是一个屡战屡败,屡败屡战的属 灵争战,孩子很多时候就是父母亲的老师。 父母灵修学让我们在学习为人父母的过程中,靠着 耶稣,与孩子们一起共同经历生命长大成 熟。因为教养子女确实挑战了我们最深处的本我, 让我们不得不承认,家庭生活的试炼无处不在,但 同时也让我们接受另一个事实,对多数人而言,这 是神的呼召,要使我们成全完备的部分计划。我了 解自己是个罪人,神赐下的子女也是罪人,我们二 者成为家人,一起逐渐地成长,愈来愈接近神,这 就是神的计划。那么,家庭生活就有全新的目标和 内涵,我们要了解神用脏尿布、幼儿的坏脾气、和 青少年的沉默不语来试验我们,为的是我们的性情 能更像耶稣,那么教养儿女就成为一项神圣的事 业。

ellerslie's LADIES' MORNING OUT

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Ladies' Morning Out is an 11-week, book or video study based program where women meet to discuss and learn together in small groups. It runs twice a year. Topics range from marriage, parenting, personal and spiritual growth. Our purpose is to provide an environment where women of all ages and stages are encouraged to begin and mature in their faith journey. It is a place of connection with others and a safe place to discover more about Jesus. Childcare is offered, on a limited basis.

2022 Fall Term

September 22 to December 8 Thursdays | 9:00am - 11:00am

LMO Coffeehouse

September 8 | 10am - 11am Fireside Room



REGISTRATION

New for this year...online registration!!!

Registration will open on Friday Sept 9th at 10am. Registration is online and will be open until October 6th, or until groups reach their capacity.

Cost:

Book Study: \$55 (includes book) Mandarin Book Study: \$65 (includes book) Video study: \$30 Online study: \$10 Childcare (up to age 6) \$15/child

We do not want cost to be a barrier for those wishing to participate in Ladies Morning Out. Please contact Kim Slack (lmo@erbc.ca) for more information about our Sponsorship program.

If you have any questions, please contact the church

KIDS MORNING OUT

Children are able to learn and grow in their social, emotional, physical, and spiritual development in a safe, caring, and fun atmosphere. We strive to provide excellent care and activities for your children while you enjoy a morning out!

*Please complete a KMO Registration form for Each Child.

What's It Like to be Married to Me by Linda Dillow

This book is about knowing the difference between having a desire for a better marriage and setting the goal of a better marriage—as readers look in the mirror to see how they can change.

Linda Dillow understands that most women want more from their marriage but don't know how to get it. In What's It Like to Be Married to Me?, Dillow challenges readers to ask the riskiest questions: What is is like to be married to me? What is it like to make love with me? Why do I want to stay mad at you?

Extremely intimate and honest, What's It Like to Be Married to Me? is not a book about marriage at all. It is a book about how to live out marriage, day-by-day and yearby-year, and watch who you become as a wife impact the intimacy in your marriage! (Chapters.ca)

The Fitting Room: Putting on the Character of Christ by Kelly Minter

Colossians 3:12 tells us to "clothe" ourselves in Christian virtues such as forgiveness, joy, patience, and compassion. But how does that work in real life? Can we really "dress up" in the character of Christ? Kelly Minter says the answer is yes—if we let the Master Designer do the fitting.

This relatable book offers insightful Scripture study with real-life stories and simple, down-to-earth explanations of the tricky concepts of justification and sanctification stitching it all together with dry humour and honesty. There are no gimmicks, no guilt trips, just an irresistible invitation for women to enjoy a spiritual makeover—to put on a life that's personally tailored by the One who knows and loves them best. (Chapters.ca)

Jesus Through The Eyes of Women by Rebecca McLaughlin

If the women who followed Jesus could tell you what he was like, what would they say?

Jesus's treatment of women was revolutionary. That's why they flocked to him. Wherever he went, they sought him out. Women sat at his feet and tugged at his robes. They came to him for healing, for forgiveness, and for answers. So what did women see in this first-century Jewish rabbi and what can we learn as we look through their eyes today?

In Jesus through the Eyes of Women, Rebecca McLaughlin explores the life-changing accounts of women who met the Lord. By entering the stories of the named and unnamed women in the Gospels, this book gives readers a unique lens to see Jesus as these women did and marvel at how he loved them in return. (thegospelcoalition.org)



Having a Mary Heart in a Martha World by Joanna Weaver

Join best-selling author Joanna Weaver as she explores in this study video how to blend intimacy with Jesus and service for Him in the midst of our busy lives. Joanna invites us to recognize that each of us has some Mary and some Martha within. Every day, a part of us wants to leave our tasks and soak up time with Jesus. Yet we also know we can't abandon our responsibilities. Come discover the best of your Mary and Martha desires as you strengthen your relationship with the God who invites you closer.

We need a minimum of four participants to run this online study.